



11th Congress & 4th Congress

AFLAR

AFRICAN LEAGUE OF ASSOCIATIONS
FOR RHEUMATOLOGY

CCR

CAMEROON COLLEGE
OF RHEUMATOLOGY

AFLAR -CCR Rheumatology Congress 2025 Yaoundé, Cameroon

**APRIL
10-12**

2025

PRE-CONFERENCE ON
**APRIL 07 TO
09 2025**

Theme

Inclusive rheumatology: culturally tailored care and practices

Thème

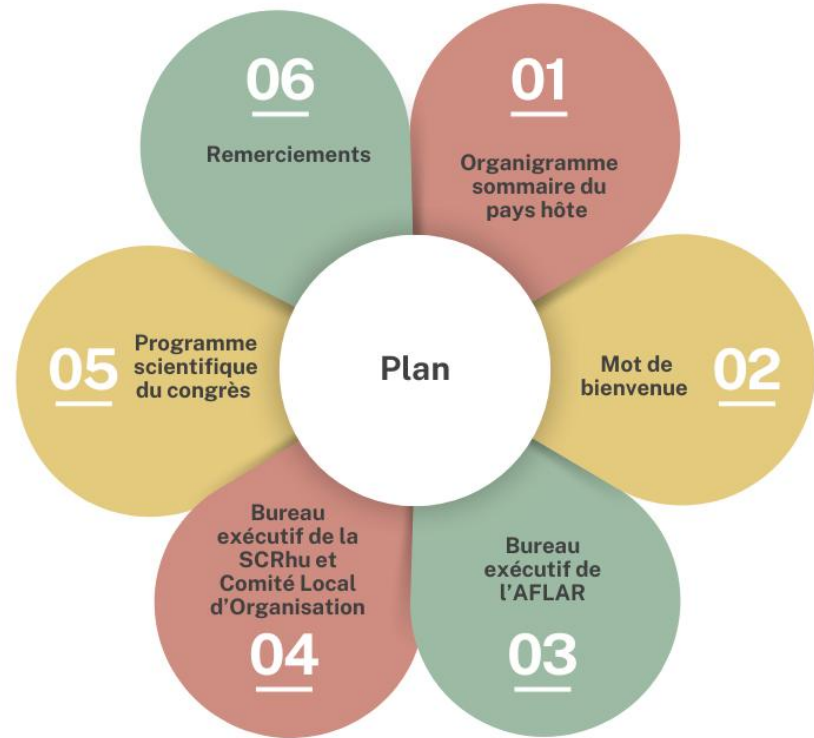
rhumatologie inclusive : soins et pratiques adaptés à la culture

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> *Brief organization chart of the host country, Cameroon - Organigramme sommaire du pays hôte, le Cameroun*



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Premier Ministre du Cameroun

Welcome
Bienvenue



Dr. Dzifa Deh
President of AFLAR



Prof. Maldeleine Ngandeu-Singwé
President of CCR

> **Welcoming Address**

Dear Colleagues, Dear Partners, Dear Friends,

It is with great honor and enthusiasm that we welcome you to Yaoundé, the capital of Cameroon, for the 2025 edition of the **African League of Associations for Rheumatology (AFLAR)** Congress. This major scientific event, the fruit of close collaboration between **AFLAR** and the **Cameroon College of Rheumatology (CCR)**, is a privileged opportunity to exchange ideas, learn and build together the future of rheumatology care in Africa.

The central theme of this year's event, “**Inclusive rheumatology: culturally tailored care and practices**”, reflects our desire to address the specific realities of our continent, particularly cultural ones, while exploring the scientific and technological advances that are transforming our discipline. Indeed, despite significant progress in the diagnosis and management of rheumatological pathologies, our continent continues to face several major challenges:

- **Limited access to specialized care**, with the number of rheumatologists still insufficient in many countries.
- **Delays in diagnosis**, often due to a lack of appropriate equipment and the persistence of traditional beliefs that delay medical treatment.
- **The considerable cost of innovative treatments**, making them difficult to access for a large proportion of the population.
- **The emergence of autoimmune diseases**, requiring a multidisciplinary approach and better coordination between healthcare professionals.

Faced with these challenges, this congress is intended as a platform for reflection and action. Practical pre-conference workshops in musculoskeletal ultrasound and clinical examination skills will enhance practitioners' competence, particularly in musculoskeletal imaging, a diagnostic tool that has become indispensable in rheumatology. The scientific sessions, led by African and international experts, will offer a global vision of therapeutic innovations and strategies adapted to our care contexts.

Finally, beyond scientific exchanges, this congress will be an opportunity to strengthen collaborations between African and international rheumatology players, with a particular focus on the development of sustainable partnerships to promote continuing education, research and the improvement of public health policies in the field of rheumatic diseases.

We hope that these days will be rich in discoveries, constructive exchanges and concrete commitments for a future where African rheumatology will be stronger, more innovative and more accessible to all.

Welcome to the AFLAR_CCR 2025 Congress!

Prof. Madeleine Ngandeu-Singwé
President of the Cameroon College of Rheumatology
President of the Local Organizing Committee AFLAR_CCR 2025

> **Mot de Bienvenue**

Chers Collègues, Chers Partenaires, Chers Amis,

C'est avec un immense honneur et un profond enthousiasme que nous vous accueillons à **Yaoundé, capitale du Cameroun**, pour l'édition 2025 du Congrès de l'*African League of Associations for Rheumatology* (AFLAR). Ce rendez-vous scientifique d'envergure, fruit d'une collaboration étroite entre l'AFLAR et la **Société Camerounaise de Rhumatologie (SCRhu)**, est une occasion privilégiée d'échanger, d'apprendre et de construire ensemble l'avenir de la prise en charge des affections rhumatologiques en Afrique.

Le thème central de cette édition, « **rhumatologie inclusive : soins et pratiques adaptés à la culture** », reflète notre volonté d'adresser les réalités spécifiques de notre continent, en particulier culturelles, tout en explorant les avancées scientifiques et technologiques qui transforment notre discipline. En effet, malgré les progrès notables dans le diagnostic et la prise en charge des pathologies rhumatologiques, notre continent demeure confronté à plusieurs défis majeurs :

- **L'accès limité aux soins spécialisés**, avec une densité encore insuffisante de rhumatologues dans plusieurs pays.
- **Le retard diagnostique**, souvent lié à un manque d'équipements adaptés et à la persistance de croyances traditionnelles retardant la prise en charge médicale.
- **Le coût élevé des traitements innovants**, rendant difficile leur accessibilité pour une large partie de la population.
- **L'émergence des maladies auto-immunes**, qui nécessitent une approche multidisciplinaire et une meilleure coordination entre les professionnels de santé.

Face à ces enjeux, ce congrès se veut une plateforme de réflexion et d'action. Les ateliers pratiques d'échographie musculo-squelettique et d'examen clinique organisés en pré-conférence, permettront de renforcer les compétences des praticiens en particulier dans l'imagerie musculo-squelettique, qui est un outil diagnostique devenu incontournable en rhumatologie. Les sessions scientifiques, animées par des experts africains et internationaux, offriront une vision globale des innovations thérapeutiques et des stratégies adaptées à nos contextes de soins.

Enfin, au-delà des échanges scientifiques, ce congrès sera un moment de renforcement des collaborations entre les acteurs de la rhumatologie africaine et internationale, avec une attention particulière portée au développement de partenariats durables pour promouvoir la formation continue, la recherche et l'amélioration des politiques de santé publique en matière de maladies rhumatismales.

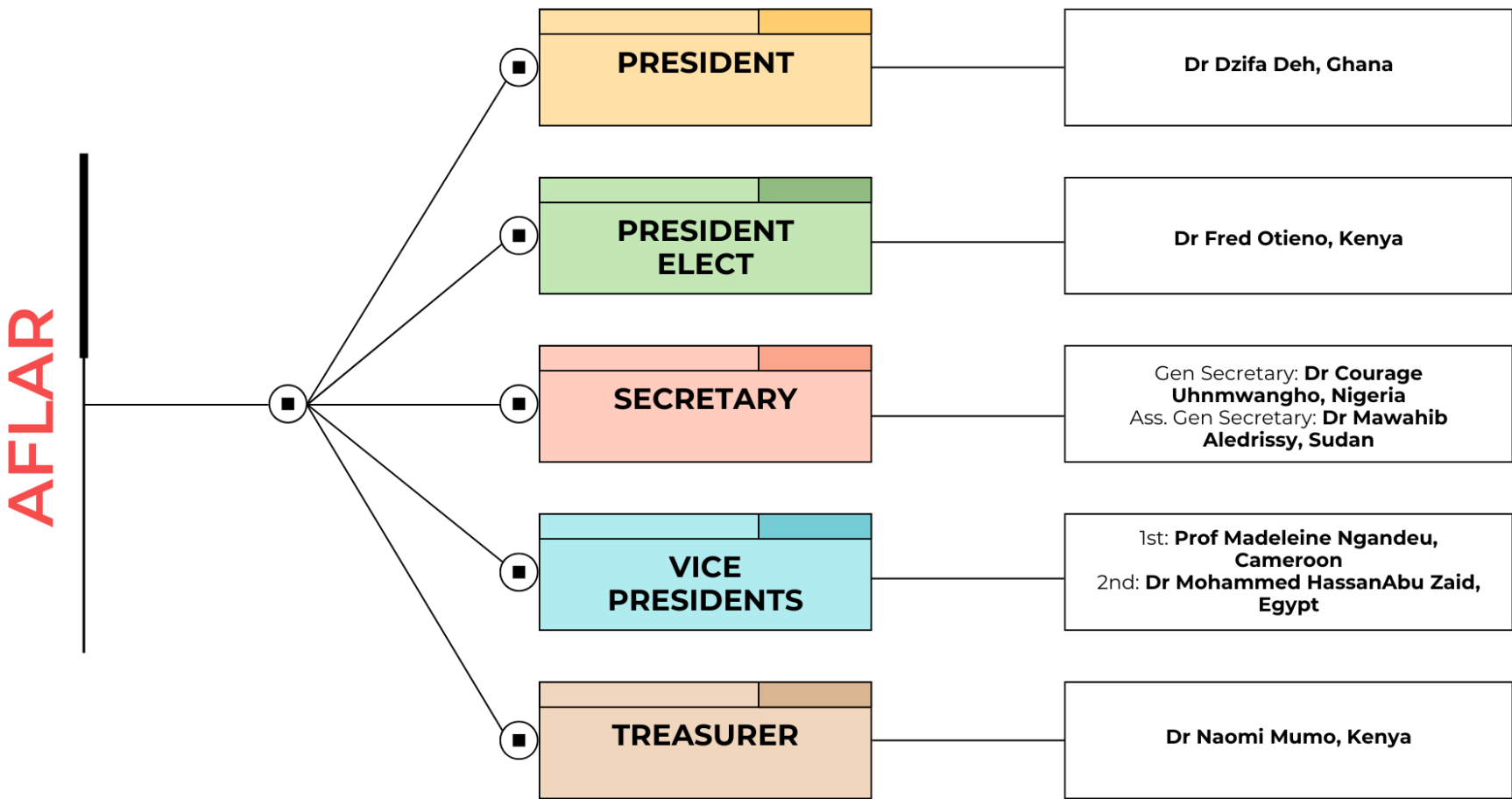
Nous espérons que ces journées seront riches en découvertes, en échanges constructifs et en engagements concrets pour un avenir où la rhumatologie africaine sera plus forte, plus innovante et plus accessible à tous.

Bienvenue au Congrès AFLAR_SCRhu 2025 !

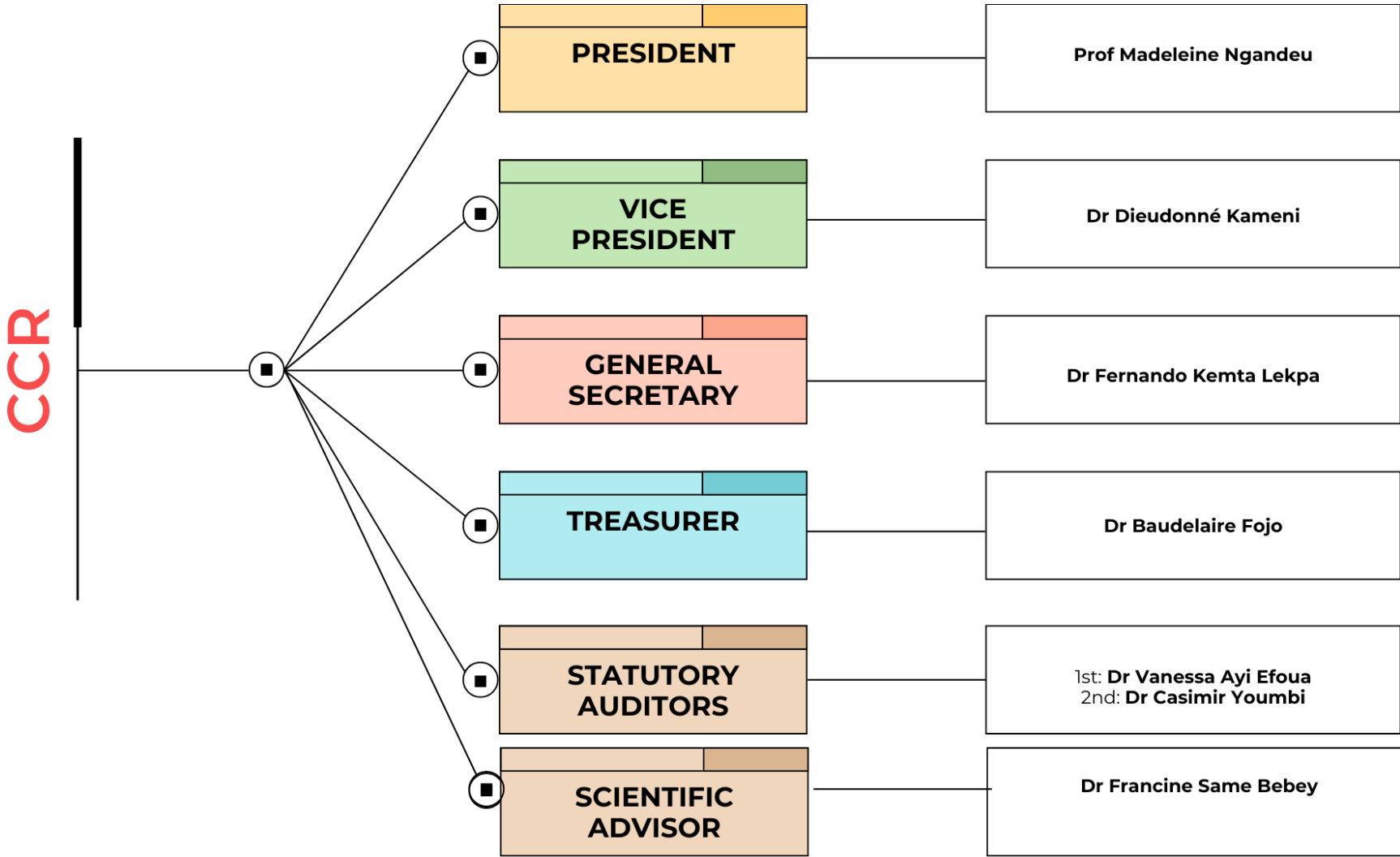
Prof. Madeleine Ngandeu-Singwé

*Présidente de la Société Camerounaise de Rhumatologie
Présidente du Comité Local d'Organisation AFLAR-SCRhu 2025*

> *AFLAR Executive Board – Bureau exécutif de l’AFLAR*



> CCR Executive Board – Bureau exécutif de la SCRhu



> **Local Organizing Committee – Comité d'Organisation Local**

Coordination

PROF MADELEINE NGANDEU

Scientific Committee / Comité Scientifique

PROF ADRIEN NZEUSSEU*

DR FRANCINE SAME BEBEY

DR FERNANDO KEMTA

DR JAN RENE NKECK

DR ARNAUD RUDY NANA

Reception and Lodging / Accueil et Hébergement

DR BERNARD AZANMENE*

DR JAN RENE NKECK

DR FRANCINE SAME BEBEY

DR CAROLINE NGOUFACK-TIENTCHEU

Secretariat / Secrétariat

DR FERNANDO KEMTA (CAMEROON)*

DR VANESSA AYI

DR ARNAUD RUDY NANA (TRADUCTION)

DR MOUGNUTOU SAMIRA

DR AICHA NANSEU

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DR PAUL ELOUNDOU (CAMEROON)*

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DR ESTELLE MEGNE*

DR CAROLINE NGOUFACK TIENTCHEU

DR HELENE EPEE

DR VANESSA BISSEH

DR RAISSA DEUNGA

DR ATAMARIAM HAMAN

Logistic / Logistique

DR VANESSA AYI*

DR CAROLINE NGOUFACK-TIENTCHEU

DR GRACE NWOS

Social activities / Activités sociales

DR HELENE EPEE*

DR AICHA NANSEU

DR WILLIAM NGUEKOUO

DR ESTELLE MEGNE

DR FRANCINE SAME BEBEY



African Journal of Rheumatology

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The official journal of AFLAR

<https://ajrheum.org/>

Prof. Asgar Ali Kalla, MBChB, FCP (SA),
MD (UCT)
Editor in Chief

AFLAR_CCR 2025, Yaoundé, Cameroon

> *Scientific program – Programme scientifique*

PRECONFERENCE

FROM THE 7TH TO 9TH APRIL 2025

Venue: Yaoundé Central Hospital, Yaoundé, Cameroon

WORKSHOP

- > **MSK ULTRASONOGRAPHY CERTIFIED COURSE**
- > **CLINICAL SKILLS TRAINING**





AFLAR-CCR 2025 PRE-CONFERENCE

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April 7 & 8, 2025
Yaoundé Central Hospital,
Cameroon



AFLAR
African League Of Associations
For Rheumatology



WORKSHOP 1: MUSCULOSKELETAL ULTRASONOGRAPHY COURSE

7th & 8th April (Recurring Program), *Pavillon Lagarde*, Yaoundé Central Hospital

15

TIME	MUSCULOSKELETAL ULTRASONOGRAPHY COURSE
	Facilitators: Dr Mawahib Alsayed (Sudan), Prof Annemarie Iagnocco (Italy), N Damjanov (Egypt), Prof Ahmed Abogama (Egypt/Dubai), Prof Mohamed Mortada (Egypt), Dr Martijn Custers (Netherlands), Prof Nouran Abaza (Egypt)
8.00am – 8.30am	Registration
8.30am – 12.00pm	Workshop
12.00pm - 2.00pm	LUNCH
2.00pm - 5.00pm	Workshop

WORKSHOP 2: CLINICAL SKILLS TRAINING IN RHEUMATOLOGY9th April 2025, Laurence Vergne Hall, Yaoundé Central Hospital

TIME	CLINICAL SKILLS TRAINING IN RHEUMATOLOGY	
	Facilitators: Dr Courage Uhunmwangho (Nigeria)/ Dr Dzifa Dey (Ghana)/ Prof Girish Mody (South Africa)/ Pr Asgar Kalla (South Africa)/ Pr Mohammed Tikly (South Africa)/ Pr Olufemi Adelowo (Nigeria)/ Pr Oyoo Omondi (Kenya)/Prof Madeleine Ngandeu (Cameroon)	
	Topic	Facilitators
9.00am - 9.30am	History Taking In Rheumatic Diseases	Prof Adelowo
9.30am - 10.00am	Approach to Mono and Polyarthrititis	Prof Girish Mody
10.00am - 10.15am	Questions and Discussions	ALL PRESENTERS
10.15am - 11.00pm	Clinical Examination of the upper limbs (15 minutes lecture, 30 mins demonstration by all faculty in groups)	Prof Asgar Kalla /Prof Oyoo Omondi
11.00am - 11.45am	Clinical Examination of the Lower limbs (15 minutes lecture, 30 mins demonstration by all faculty in groups)	Prof Tikly / Dr Dzifa Dey
11.45am - 12.30pm	Clinical Examination of the Spine/Spondyloarthropathy (15 minutes lecture, 30 mins demonstration by all faculty in groups)	Prof Girish Mody / Dr Courage Uhunmwangho
12.30pm - 12.45pm	Questions and Discussions	ALL FACULTY
12.45pm - 2.00pm	LUNCH	
2.00pm - 3.00pm	Joint Injection Workshop (15 minutes lecture, 30 mins demonstration by all faculty in groups)	Prof Asgar Kalla / Dr Dzifa Dey / Prof Oyoo / Prof Adelowo / Prof Ngandeu / Prof Tikly / Prof Mody
3.00pm - 4.00pm	Musculoskeletal Imaging	Prof Tikly

CONFERENCE

From the 10TH TO 12TH April 2025

Venue: Yaoundé Conference Centre, Yaoundé, Cameroon

Day 1 (10th APRIL 2025)

AFLAR and CCR have planned a memorable program for you.

Keep in mind the following key words that will be discussed throughout this first day:

Research & Guidelines

Leadership & Mentoring

Lupus, Spondyloarthritis (SpondylA), Gout, Vasculitis, Rheumatoid A.

Africa, Cameroon

AFLAR, CCR.

While waiting for the sessions to start, you can have fun finding them in the word jumble below.

V	H	Y	G	A	F	L	A	R	F	Z	O	U
A	G	M	U	A	R	T	H	R	I	T	I	S
S	S	E	I	K	T	C	C	R	A	Q	D	L
C	F	N	D	A	N	B	Q	N	K	Y	K	R
U	Y	T	E	A	F	R	I	C	A	A	X	G
L	V	O	L	S	P	O	N	D	Y	L	A	O
I	E	R	I	R	E	S	E	A	R	C	H	U
T	B	I	N	L	U	P	U	S	O	S	R	T
I	Z	N	E	V	Z	X	V	K	X	V	T	K
S	E	G	L	T	P	T	J	G	O	Z	D	P
R	H	E	U	M	A	T	O	I	D	I	Q	V
P	L	Z	L	E	A	D	E	R	S	H	I	P
N	C	A	M	E	R	O	O	N	F	S	K	K

TIME	Registrations
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7am-8.30am	
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SESSION 1: PLENARY
TRIPARTITE ROOM
8h30am - 10h30am

CONF 1: ADVANCING RHEUMATOLOGY CARE IN AFRICA: BRIDGING GAPS AND BUILDING NETWORKS
Chair/s- Prof Kalla (South Africa)/ Prof Omondi Oyoo (Kenya)/ Dr Dieudonné Kameni (Cameroon)/ Dr Baudelaire FOJO (Cameroon)

TIME	TOPIC	PRESENTER
8.30am - 8.50am	Journey of AFLAR	Dr. Dzifa Dey (AFLAR President, Ghana)
8.50 - 9.10am	Global and Local Networks for advancing MSK research	Prof Federico Moscogiuri (International Federation of Musculoskeletal Research Societies)
9.10 am - 9.30am	WHO's strategic plan for global musculoskeletal health	Prof Anthony Woolf (United Kingdom)
9.30 am - 9.50am	Leadership and Mentoring: strategies for advancing women in Rheumatology	Association of Women in Rheumatology (AWIR)
9.50 am - 10.10am	Guidelines and their applicability in Africa	Prof Femi Adelowo (Nigeria)
10.10am - 10.30am	Discussions	Session Chair/all Presenters

10.30am - 11.30am	COFFEE BREAK
	STAND TOUR

SESSION 2: PLENARY**TRIPARTITE ROOM****11h30am - 1h00pm****CONF 2: CHRONIC INFLAMMATORY RHEUMATIC DISEASES****Chair/s- Prof Mody (South Africa) / Dr B. Kollo (Cameroon)**

TIME	TOPIC	PRESENTER
11.30am -	Treat To Target in SLE:	Prof Carlos Enrique
11.50am	Strategies for application in real life	Toro (PANLAR President-Elect)
11.50am -	Uveitis in	Prof Vanessa
12.20pm	Spondyloarthropathies	Ocampo (Canada)
12.20pm -	Update: Gout in 2025	Prof. Tuhina Neogi
12.40pm		(USA)
12.40pm -	Discussions	Session Chair/all
1.00pm		Presenters

PARALLEL SESSION 1**ROOM II****11h30am - 1h00pm****ORAL COMMUNICATIONS: CHRONIC INFLAMMATORY RHEUMATIC DISEASES****Chair/s- Prof Zomaletho (Benin), Dr Same Bebey (Cameroon)**

TIME	TOPIC	PRESENTER
11.30pm -	OC1: Epidemiology of Spondyloarthritis in Kinshasa,	Lebughe (DR
11.38pm	Democratic Republic of the Congo, a population-based study	Congo)
11.38pm -	OC2: Factors associated with increased carotid intima-media	Mulumba (DR
11.46pm	thickness in rheumatoid arthritis. a hospital-based case-control study in Kinshasa, Democratic Republic of Congo	Congo)
11.46pm -	OC3: Does patients' perception of the quality of the	Omondi
11.54pm	healthcare they receive influence their treatment response in Rheumatoid Arthritis (RA)?	(Kenya)
11.54pm -	OC4: Diagnosis time for systemic diseases at Douala General	Simeni
12.02pm	Hospital (Cameroon)	(Cameroon)
12.02pm -	OC5: Developing and Implementing a Scalable Axial	Maranda
12.10pm	Spondyloarthritis Symptom Checker Tool to Bridge Diagnostic Gaps in Rural South Africa	(South Africa)
12.10pm -	OC6: Is it appropriate to use the same ankle-brachial index	Nkeck
12.18pm	threshold values of the general population to screen for peripheral arterial disease in Cameroonians with systemic lupus erythematosus?	(Cameroon)

12.18pm -	OC7: Interleukin 6 and bone erosions in rheumatoid arthritis	Eloundou
12.26pm	in an African hospital	(Cameroon)
12.26pm -	OC8: Clinical, biological and immunological characteristics of	Oganga
12.34pm	patient with Systemic Lupus Erythematosus in Nairobi, Kenya	(Kenya)
12.34pm -	OC09: Factors associated with extra-articular manifestations	Deunga (Ivory
12.42pm	of rheumatoid arthritis in Abidjan	Coast)
12.42pm -	Discussions	Session
1.00pm		Chair/all
		Presenters

1.00pm - 2.00pm **POSTER TOUR**
LUNCH

SESSION 2: PLENARY**TRIPARTITE ROOM****2.00pm - 3.15pm****CONF 2: CHRONIC INFLAMMATORY RHEUMATIC DISEASES CONTINUED**

Session Chair/s- Prof Mody (South Africa) /Prof Tikly (South Africa) // Dr R. Deunga (Cameroon)

TIME	TOPIC	PRESENTER
2.00pm - 2.20pm	Treating preclinical RA	Prof Daniel Aletaha (EULAR Past President)
2.20pm - 2.40pm	Vasculitis – What's new?	Prof Langford Carol (ACR President)
2.40pm - 3.00pm	Vasculitis mimics	Prof Nouran Abaza (Egypt)
3.00pm - 3.15pm	Discussions	Session Chair/all Presenters

3.30pm - 5.00pm

OPENING CEREMONY

LOC President, AFLAR President, Ministry of Public Health of Cameroon

INAUGURAL CONFERENCE LECTURE

“Inclusive rheumatology: culturally tailored care and practices”. Prof G Mody (South Africa)

*****AWARDS*****



5.00pm -6.00pm

WELCOME COCKTAIL

Day 2 (11th APRIL 2025)

Over the course of this second day, we plan to enrich your knowledge on contemporary and interesting topics. They are centered on the following keywords:

- Innovation
- CAR T
- Artificial Intelligence
- Registry, Network
- Pediatric (rheumatology)
- Infections
- Screening (tools)
- Access Care, Patient Support Group
- Culture, Traditional Medicine

Have a wonderful second conference day, and remember to check off the words in your spare time.

J	P	H	M	H	M	L	H	C	G	G	T	I	D
X	I	N	E	T	W	O	R	K	Q	R	R	N	I
C	N	C	T	U	C	A	R	E	E	O	A	T	N
P	E	D	I	A	T	R	I	C	X	U	D	E	F
L	R	E	G	I	S	T	R	Y	O	P	I	L	E
I	N	N	O	V	A	T	I	O	N	U	T	L	C
C	A	R	T	I	F	I	C	I	A	L	I	I	T
G	J	F	C	X	S	J	C	X	K	K	O	G	I
X	S	K	U	E	A	C	C	E	S	S	N	E	O
F	R	T	L	P	A	T	I	E	N	T	A	N	N
S	W	Q	T	R	B	X	U	B	O	F	L	C	S
L	Z	S	U	P	P	O	R	T	G	M	O	E	M
E	S	C	R	E	E	N	I	N	G	V	F	Z	U
M	D	M	E	D	I	C	I	N	E	T	V	Y	B

SESSION 3: PLENARY**TRIPARTITE ROOM****8.00am – 10.00am****CONF 3: RESEARCH AND INNOVATION IN RHEUMATOLOGY: AFRICAN PERSPECTIVE**

Chair/s- Prof Femi Adelowo (Nigeria) /Dr Naomi Mumo (Kenya)/ Dr T. Ntandzi (Cameroon)

TIME	TOPIC	PRESENTER
8.00am -	Emerging Therapies and Biologics in	Prof Ian Chikanza
8.20am	Rheumatology: Implications for African Patients	(UK)
8.20am -	The AFLAR Rheumatoid Arthritis and	Dr Courage
8.40am	Lupus Registry: What is the point? Guide to Developing registries.	Uhunmwangho (Nigeria)
8.40am -	Ancestry, diversity, and genetics in	Dr Ashira Blazer
9.00am	African lupus	(USA)
9.00am -	New aspects in the treatment of	Prof Xenofon
9.20am	spondyloarthritis/psoriatic arthritis - From pathogenesis to novel therapies	Baraliakos (EULAR President)

PARALLEL SESSION 2**ROOM II****8.00am – 10.00am****CONF 4: INFECTIOUS AND POST- INFECTIOUS RHEUMATIC DISEASES**

Session Chair/s- Prof Honoré Ntsiba (Congo)/ Dr Courage Uhunmwangho (Nigeria)/ Dr Brigitte Wami (Cameroon)

TIME	TOPIC	PRESENTER
8.00 am-	Impact of HIV infection in the	Prof Girish Mody
8.20 am	management of chronic inflammatory Rheumatic diseases	(South Africa)
8.40 am-	Management of Patients with Hepatitis B	Dr Antonin Ndjitoyap
9.00 am	and C and Rheumatic Diseases	(Cameroon)
9.00 am-	Challenges in the management of	Prof Honoré NTSIBA
9.20 am	osteoarticular infections in sub-Saharan Africa	(Congo Brazaville)
9.20 am-	OC11: Joint pain amongst persons living with	Nchindo, Cameroon
9.30 am	HIV in Bamenda: Prevalence, articular syndromes and associated factors	

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9.20am -	Clinical Trials and Rheumatology	Shalom Lyold,	9.30 am	OC12: Osteoarticular infections in sickle cell	Nguekouo, Cameroon
9.40am	Research in Africa: Ethical and Cultural Considerations	MBE (UK)-	-9.40 am	disease patients at the Yaoundé Central Hospital, Cameroon	
		Emerging			
		Markets Quality			
		Trials (eMQT)			
9.40am -	Discussions	Session Chair/all	9.40 am-	Discussions	Session Chair/all
10.00am		Presenters	10.00		Presenters
			am		
10.00-10.30am	COFFEE BREAK				
	STAND TOUR				

SESSION 4: PLENARY**TRIPARTITE ROOM****10.30am – 12.30am****CONF 5: UPDATES AND INSIGHTS IN RHEUMATOLOGY**

Session Chair/s- Pr Femi Adelowo (Nigeria)/ Dr Mawahib (Sudan)/ Dr Fernando Kemta (Cameroon)

TIME	TOPIC	PRESENTER
10.30am - 10.50am	Access to Lupus care in Africa	Farhanah Paruk (South Africa)
10.50am - 11.10 am	Lateralized Symptoms in SLE Patients – is it reality?	Prof. Ziryab Imad Taha (Sudan)
11.10am - 11.30am	Systemic sclerosis : up date	Prof Mohammed Tikly (South Africa)

PARALLEL SESSION 3**ROOM II****10.30am – 11.00am****ORAL COMMUNICATIONS:**

Session Chair/s- Prof Honoré Ntsiba (Congo)/ Dr Doun Fouda (Cameroon)/ Dr J. Mawaguia (Cameroon)

TIME	TOPIC	PRESENTER
10.15am - 10.24am	OC13: The Creation of Young African Rheumatologist Network (YARN)	Melong, Kenya
10.24am - 10.32am	OC14: Building the Cameroonian Registry of Rheumatoid Arthritis (CARRA): Sharing the experience of a year-long day	CARRA investigators, Cameroon
10.32am - 10.40am	OC15: Development and validation of a screening tool for SPondyloArthritis Screening in Sub-Saharan Africa: SpASSS questionnaire	Lebughe, DRC
10.40am - 10.48am	OC16: Factors influencing doctors' use of patient support groups: Is it how they look, act, or just the doctor?	Akiti, Ghana
10.48am - 11.00am	Discussions	Session Chair/All Presenters

PARALLEL SESSION 4**ROOM II****11.00am – 12.30am**

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11.30am -	Updates in Rheumatology 2024	Prof. Reem
11.50am		Hamdy (Egypt)
11.50am -	Pediatric rheumatology in Africa	Prof Ian Chikanza
12.10pm		(UK)
12.10am -	Discussions	Session Chair/All
12.30am		Presenters

CONF 6: CRYSTAL INDUCED ARTHROPATHIES, SICKLE CELLS ANEMIA, METABOLIC BONE DISORDERS, DEGENERATIVE RHEUMATIC DISEASES		
Chairs: Pr Oyoo Omondi (Kenya)/ Dr Paul Eloundou (Cameroon)/ Dr Brice Kollo (Cameroon)		
TIME	TOPIC	PRESENTER
11.00am -	Epidemiology of gout in Africa	Dr Yerima Abubakar
11.20am		(Nigeria)
11.20am -	Osteoporosis in Africa	Prof Asgar Kalla
11.40am		(South Africa)
11.40am -	Rheumatologic manifestations of sickle	Prof M. Ngandeu
12. 00pm	cell disease	(Cameroon)
12.00pm -	Biomechanics of the spine: Pathological	Prof Tsiagadigui
12.20pm	implications	(Cameroon)
12.20pm -	Discussions	Session Chair/All
12.30pm		Presenters

12.40pm - 2.20pm	SYMPOSIUM (INNOTECH)
	Pr M. Ngandeu (Cameroon)/ Pr P. Fardellone (France)/ Dr Gobert (INNOTECH)
	POSTER TOUR
	LUNCH

SESSION 5: PLENARY

TRIPARTITE ROOM

2.30am – 4.50am

CONF 7: INNOVATIONS AND SOLUTIONS IN RHEUMATOLOGIC

DISEASES: LOCAL CHALLENGES, GLOBAL SOLUTIONS

Chair/s- Prof Nzeusseu (Belgium)/ Dr Epee (Cameroon)/ Dr Megne (Cameroon)

TIME	TOPIC	PRESENTER
2.30pm - 2.50pm	UWEZO Program update	Prof Anthony Woolf (UK)
2.50pm - 3.10pm	Rheumatoid arthritis: Which solutions are available in low-income countries?	Prof Ziryad Imad (Sudan)
3.10pm - 3.30pm	COPCORD studies in Africa	Dr Hakeem

PARALLEL SESSION 5

ROOM II

2.30am – 3.20am

ORAL COMMUNICATIONS: JOINT AND BONE DISEASES

Chairs: Pr Oyoo Omondi (Kenya)/ Dr Ngoufack-Tientcheu (Cameroon)/ Dr
Sariette Ndoumbe (Cameroon)

TIME	TOPIC	PRESENTER
2.00pm - 2.08m	OC17: Prevalence and presentation of gout from 2004 to 2023 in Cameroon	Lekpa, Cameroon
2.08pm - 2.16pm	OC18: Evaluation of the treatment of knee osteoarthritis at the University Hospital of Kinshasa	Lukusa, DR Congo
2.16pm - 2.22pm	OC19: Association between sarcopenia and fracture risk in Congolese patients aged over 50 followed up in the osteoporosis chain in Kinshasa. A multicentre study	Mavinga, DR Congo
2.22pm - 2.30pm	OC20: Epidemiological profile of bone disorders in the rheumatology department of Aristide le Dantec Hospital, Dakar	Doun, Senegal
2.30pm - 2.38pm	OC21: Clinical phenotypes and associated factors in knee osteoarthritis in an African black population	Sougue, Burkina Faso

		Olaosebikan (Nigeria)
3.30pm -	Digital Health in Culturally Diverse	Prof Georges
3.50pm	Rheumatology	Bediang (Cameroon)
3.50 pm -	Artificial Intelligence and	Dr Rudy Nana
4.10 pm	Rheumatology	(Cameroon)
4.10 pm -	Integrating Traditional Medicine with	Prof Joseph
4.30 pm	Modern Rheumatology	Ngoupayo (Cameroon)
4.30 pm -	Discussions	Session Chair/All
4.50 pm		Presenters

2.38pm -	OC22: Osteoarticular manifestations of multiple	Ndaie, DR Congo
2.46pm	myeloma at the University Hospital of Kishasa, Democratic Republic of the Congo	
2.46pm -	OC23: Gout, culture and medical care at	Yetna, Chad
2.54pm	renaissance hospital in N'djamena (Chad)	
2.54pm -	OC24: Total knee replacement in Cameroon:	Muluem, Cameroon
3.02pm	History - Current situation - Prospects	
3.02pm -	Discussions	Session Chair/All
3.20pm		Presenters

PARALLEL SESSION 6**ROOM II****3.20am – 5.00am****CONF 9: CELL IMMUNOTHERAPY IN AUTOIMMUNE INFLAMMATORY****RHEUMATIC DISEASES**

Chair/s-Prof Saidou Diallo (Senegal)/ Prof Ian Chikanza (UK)/ Dr Fred Otieno (Kenya)/ Dr Jan Nkeck (Cameroon)

TIME	TOPIC	PRESENTER
3.20am -	CAR T and Macrophage Cell Therapy	Prof Ian Chikanza
3.40am	Technology	(UK)
3.40am -	CAR T Cells in Scleroderma	Prof L Sakkas
4.00am		(Greece)
4.00pm -	CAR T Cell in SLE (Adults and Paediatric)	Prof CG Katsiari
4.20am		(Greece)

4.20am -	T Regularoty Cell Therapy in Inflammatory	Dr CS Khumalo
4.40am	Rheumatic Musculoskeletal Diseases	(Zimbabwe)
4.40am -	Discussions	Session Chair/All
5.00am		Presenters

5.15pm – 6.00pm	AFLAR AGM & AWARDS
	Dr Dzifa Dey (AFLAR President), AFLAR EXCO

7.00pm -11.00pm	GALA DINNER
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Day 3 (12th April 2025)

For the third and final day of the congress, the AFLAR and CCR promise you one last tour of the exciting and fascinating world of rheumatology.

The key words to remember for these sessions are

Advocacy, Education, Collaboration

Testimonial

Pharmaceutical

Social

Rheumatology

World, Africa

In your spare time, you can find these words on the cloud opposite. Nice sessions!

P	H	A	R	M	A	C	E	U	T	I	C	A	L
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SESSION 6: PLENARY

TRIPARTITE ROOM

8.00am – 10.00am

CONF 8: EQUITABLE ACCESS TO RHEUMATOLOGY CARE : OVERCOMING BARRIERS FOR ALL

Chair/s- Prof Oyoo Omondi (Kenya)/ Dr Ngatat (Cameroon)/ Dr Suzy Maninzou (Cameroon)

TIME	TOPIC	PRESENTER
8.00am - 8.20am	Rheumatology Pharmaceuticals in Africa	PFIZER
8.20am - 8.40am	Highlights from ACR 2024	Prof Douglas White (ACR Past President, USA)
8.40am - 9.00am	Spondylarthropathies in Africa : update	Prof Adrien Nzeuseu (Belgium)
9.00am - 9.20am	Rheumatology in Africa: Optimal use of Medical imaging	Prof Pierre Ongolo Zogo (Cameroon)
9.20am - 9.40am	Lupus Nephritis in Africa: Updates	Prof François Jerome Kaze (Cameroon)
9.40am - 10.00am	Social Media for Advancing Patient Education, Research and Collaboration in Rheumatology	Prof Ihsane Hmamouchi (Morocco)
10.00am 10.15am	Discussions	Session Chair/All Presenters

10.15am -10.30am

STAND TOUR

POSTER TOUR

COFFEE BREAK

SESSION 7: PLENARY

CONF 10: EMPOWERING PATIENTS AND CAREGIVERS: HOLISTIC APPROACHES TO RHEUMATOLOGIC HEALTH

Chair/s Dr Dzifa Dey (Ghana)/ Dr Courage Uhunmwangho (Nigeria)/ Dr Ayi Efoua (Cameroon)

TIME	TOPIC	PRESENTER
10.30am - 10.50am	Patient Advocacy as health care professionals	Dr Dzifa Dey (AFLAR President, Ghana)
10.50am - 11.10am	Patient involvement in research- The GRAPPA Experience	Prof A Adebajo (UK)
11.10am - 11.30am	What patient organizations contribute to patients' healthcare and how to integrate it into practice EULAR/PARE/tRi REP	Dieter Wiek (Germany)
11.30am - 11.50am	How to develop Patient support groups- EULAR/PARE/tRi REP	Maranda Van Dam (South Africa)/ Franklin Hiagbe (Ghana)
11.50am - 12.10pm	Patient Testimonials	ALMAC
12.10pm- 12.30am	Discussions	Session Chair/all Presenters

12.45pm – 13.30pm CLOSING CEREMONY



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- ✓ Anticorps antinucléaires (ANA), anti-ADN natif, ENA
- ✓ HLA-B27
- ✓ Uricémie, calcémie, phosphatémie
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POSTER TOUR SCHEDULE**DAY 1, 10th APRIL 2025****CHRONIC INFLAMMATORY RHEUMATIC DISEASES****Chair/s- Pr Kouakou Ehaulier (Ivory Coast)/ Dr Mavinga (DR Congo)**

N°	TOPIC	AUTHOR
PO1	Spondyloarthritis in the Democratic Republic of the Congo: a prospective hospital-based study	Lebughe
PO2	Clinical assessment and management of Spondyloarthritis in Kinshasa, Democratic Republic of the Congo	Lebughe
PO5	Reference intervals for serum uric acid in sub-Saharan African adults: case of Cameroon	Mbouna
PO10	“Unmasking Polymyalgia Rheumatica in Africa: A Diagnostic Challenge”: A Case Report	Melong
PO15	Screening and referral tools for Spondyloarthritis, a systematic literature review	Lebughe
PO17	Lymphocytic variant-Hypereosinophilic Syndrome manifesting by recurrent deep venous thrombosis, rash and lymph nodes: First report in Cameroon	Simeni
PO21	An unusual association : Systemic Lupus erythematosus and Hashimoto’s disease in a black woman (a case report in a sub-Saharan limited setting)	Simeni
PO23	Tocilizumab as a therapeutic option for rheumatoid arthritis patients with interstitial lung disease: case report	Omolo
PO25	Superficial adenopathies suggestive of systemic lupus erythematosus, a case report	Lukusa
PO30	Exudative Ascites in Systemic Lupus Erythematosus - A Case Report	Lukusa
PO34	Systemic Lupus Erythematosus Flare with Renal Abscess and Pancytopenia: A Case Report	Rahaman
PO40	JAK Inhibitors in Rheumatoid Arthritis: A Game-Changer or Cause for Concern in Kenya?	Thigu

DAY 2: 11th APRIL 2025

PAIN, INFECTIONS AND BONE DISORDERS

Chair/s- Dr Melong (Kenya)/ Dr Rahaman (Nigeria)

N°	TOPIC	AUTHOR
PO3	Chronic low back pain among university students in Cameroon: A cross-sectional study.	Lekpa
PO4	Management and follow-up of osteoporosis: assessment of Congolese doctors' knowledge and attitudes in Kinshasa hospitals. Cross-sectional study.	Lebughe
PO6	Management and follow-up of osteoporosis: evaluation of knowledge and practical attitudes of Congolese doctors in Kinshasa hospitals. A cross-sectional study	Mavinga
PO11	Analysis of complementary and alternative medicine practices and their determinants among adults suffering from chronic non-specific low back pain, residing in two urban areas in Cameroon	Nneck
PO12	Total knee arthroplasty at the Yaoundé General hospital: indications and results	Fonkoue
PO13	Prevalence, clinical and radiological characteristics of generalized osteoarthritis in Cameroon, sub-Saharan Africa	Lekpa
PO14	Evaluation of comorbidities among patients with knee osteoarthritis at the Yaoundé Central Hospital	Fojo
PO18	Frequency and factors associated with neuropathic pain in knee osteoarthritis, Burkina Faso	Abdoul-Aziz
PO23	Association of septic monoarthritis of the knee and lumbar Pott's pain in immunocompetent patients: a case report from Bouake	Kouakou
PO26	Tabetic arthropathy of the hip: a case report	Kollo
PO27	Chronic pain in the paretic limb after stroke at the Yaoundé General Hospital	Mbonda
PO28	Multiple exostosis: a case report from Cameroon	Kollo
PO33	Gonococcal arthritis, two cases in 10 years in a rheumatology unit in Yaoundé, Cameroon	Saquinatou
PO37	Dorsal spondylodiscitis due to <i>Streptococcus pneumoniae</i> : a rare cause	Mougnutou

DAY 3: 12th APRIL 2025**MISCELLANEOUS****Chair/s- Dr Simeni (Cameroon)/ Dr Lebughe (DR Congo)**

N°	TOPIC	AUTHOR
PO7	Factors associated with increased atherogenic index in patients with rheumatoid arthritis: a hospital-based case-control study in Kinshasa, Democratic Republic of Congo	Mulumba
PO8	Prevalence and determinants of metabolic syndrome in rheumatoid arthritis in adult Congolese patients in Kinshasa, Democratic Republic of Congo. A basic case-control study	Mulumba
PO9	Hand in Hand: Building Capacity and Collaboration for Rheumatic and Musculoskeletal Disease Patient Advocacy in South Africa	Maranda
PO16	Factors influencing self-medication with NSAIDs in Rheumatology patients in Abidjan	Kollo
PO20	Evaluation of the Quality of Life of Patients Followed for Systemic Lupus Erythematosus in Abidjan, Ivory Coast	Maninzou
PO22	Brittle Bone disease: a case report	Same
PO24	Expanding the Axial Spondyloarthritis Patient Survey_ A Multi-Phase Approach to Identify Unmet Needs and Enhance Patient-Centered Care	Maranda
PO29	Undifferentiated arthritis revealing Cogan disease	Eloundou
PO31	Diagnosis of Behcet's disease in Central Africa: a case report.	Mavinga
PO32	Deficiency Rickets in Central Africa : A Clinical Case Report	Ndaie
PO35	Scleromyxedema mimicking diffuse cutaneous scleroderma in a Cameroonian child	Atamariam
PO36	Crowned dens syndrome: a case report in a Cameroonian	Mougnutou
PO39	Nutritional Rickets in a child of 8 years' hold	Ndaie

A word cloud shaped like the map of Africa, featuring various terms related to the AFLAR CCR 2025 conference. The words are arranged in a way that they fit the geographical outline of the continent. The most prominent words are 'AFLAR' in the center, 'CCR' to its left, and 'Africa' below it. Other words include 'Culture', 'Update', 'Advocacy', 'Network', 'Care', 'Education', 'Research', 'Collaboration', 'Innovation', and 'Leadership'. The colors used are primarily teal, dark blue, and black.

Culture
Update CCR Advocacy
Care Network
AFLAR
Education Research
Africa
Collaboration
Innovation
Leadership



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